

## **Equity in cancer control**

A view from many perspectives ARCC, Vancouver, 2013



### "Analysis and comparison are the midwives of improvement"

Roy Romanow, Linda Silas, and Steven Lewis,

The Globe and Mail (Jan 16, 2012)



### **Identification of future routes**

#### Filling new gaps

towww.astaniobportal.com







#### Four examples:

- Income and cancer survival
- Special populations
- Geographic mortality patterns
- Age and equity in care



# Cancer survival

- Most survival data in population cancer data is now relative survival data
- Period survival analysis has moved field forward and has provided more up-to-date data
- Question: Does cancer survival vary by income level in Canada?



## **Original look at relative survival by SES**



# What is the question we are trying to answer?

- In relative survival, it compares the survival of a patient with a cancer diagnosis with a similar person without a cancer diagnosis

   Usually adjusted for age, sex, province
- If we compare each income quintile with the total population, rather than its own income quintile, we are including effects of different distributions of all of the other causes of death that may vary across income quintile



## Using quintile specific background rates



## Why only urban data?

 Need to have life tables constructed for the reference populations; at present, income quintile-specific life tables only available in Canada for urban populations



#### Age standardized incidence rates, prostate cancer By income quintile and urban/rural area, Canada, 2005



#### Age standardized incidence rates, lung cancer By income quintile and urban/rural area, Canada, 2005



# Removing lung and prostate cancer from the totals



### In future analyses:

- Stage-specific/site-specific survival by quintile
  - difference at 5 years is 8.3%, but by 1 year the difference is already 6.3% -- so is stage at diagnosis part of the problem?
  - Is part of the differential cancer treatment-related?
  - Is part of the differential due to treatment of comorbidities
  - In order to change the picture, we need careful work to disentangle the proximate causes



# Special populations

- What is the experience of First Nations people, recent immigrants, those living in remote areas?



# Canada is surprisingly limited in ability to study these questions easily

 American health records commonly record information on racial groups, which has allowed different patterns of disease to be addressed





### Hazard ratios and P values of invasive breast cancer incidence by race/ethnicity after adjusting for breast cancer risk factors and other covariates.

						Hazard Ratio				(95% CI)			
	Hazard	95 C-I			0.2	0.4	0.6	0.8	1.0	1.2	1.4	1.6	1.8
	Ratio	Lower	Upper	P-value		0.1		0.0		1.2	1.1	1.0	
Age-Adjusted							i						
Blacks	0.69	0.60	0.78	<.001				0.69	)				
Hispanics	0.70	0.57	0.85	<.001			į —	← 0.	.70		P = < 0	0.001	
American Indians	0.64	0.36	1.16	0.14		2				0.64	1		
Asian/Pacific Islanders	0.85	0.69	1.05	0.13						0.85			
"Gail" Adjusted	0.95	0.72	1.00	0.05				0.85			100 100		
Blacks	0.85	0.73	1.00	0.05				0.05			$\mathbf{P}=0.$	05	
American Indians Asian/Pacific Islanders	0.80 0.84 0.89	0.03 0.44 0.71	1.63 1.11	0.61 0.30		_				- 0.89	0.	<u>84</u>	
Final								0.5	75				
Blacks	0.75	0.61	0.92	0.006			- i	• 0.	<u>1</u> 5	0	P =	0.05	
Hispanics	0.98	0.74	1.30	0.90			1	l <del>a</del>	•	0.	.98	0.89	0
American Indians	0.89	0.40	1.99	0.78		0	Î	-		0	0/1	0.02	
Asian/racific Islanders	0.94	0.72	1.22	0.02			i.		•	0.	24		

#### Chlebowski R T et al. JNCI J Natl Cancer Inst 2005;97:439-448

Journal of the National Cancer Institute, Vol. 97, No. 6, © Oxford University Press 2005, all rights reserved.

### JNCI

### What do we know?

- Many studies and program results show lower uptake of screening among recent immigrants and First Nations people (?Inuit/Metis)
- Patterns for cancers in First Nations people appear to be changing – no population-based data yet
- Recent immigrants have substantially lower cancer risk than the general population, although elevated for liver cancer (McDermott et al, J Imm. Minority Health 2011)
- Stay tuned for more info.....



Percentage of population (age>=18, male) classified as overweight or obese, by length of time (years) in Canada since immigration and income quintile, Canada – CCHS 2011



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Interpret with caution due to a large amount of variability in the estimate 95% confidence intervals are indicated on figure Data source: Statistics Canada, Canadian Community Health Survey



Percentage of population (age>=18, female) classified as overweight or obese, by length of time (years) in Canada since immigration and income quintile, Canada – CCHS 2011



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### Just a thought....



 What could we learn from recent immigrants that could both protect them from adoption of host population risk behaviours, and perhaps have the host population adopt their behaviours?

# Overall Mortality: Geographic Patterns



#### Age-standardized mortality rates-all cancers BY PROVINCE, 2005-2007



95% confidence intervals are indicated on figure.

Data source: Statistics Canada, Vital Statistics Death Database

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95% confidence intervals are indicated on figure.

Data source: Statistics Canada, Vital Statistics Death Database

#### Percentage of population (age $\ge$ 12) reporting daily or occasional smoking, by province/territory – CCHS 2011



Data source: Statistics Canada, Canadian Community Health Survey.



# Estimated prevalence of obesity in Canadian adults by province (2000-2011)\*



\* Adults with BMI ≥30 kg/m2 in each province as calculated from the self-reported height and weight surveys conducted by the CCHS and corrected to account for misreporting of height and weight.

Data Source: Gotay, C., Katzmarzyk, P., Janssen, I., Dawson, M., Aminoltejari, K., Bartley, L. (2013). Updating the Canadian obesity maps: An epidemic in progress. Canadian Journal of Public Health, 104(1). Retrieved from http://journal.cpha.ca/index.php/cjph/article/view/3513



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## **Obesity and cancer**

- There is good data from older cohort studies that obesity is linked to several cancers – colorectal, uterine, post-menopausal breast...
- So how do we explain these patterns.....





#### Age-standardized incidence and mortality rates of colorectal cancer by sex, Canada – 1992 to 2007



Data Source: Statistics Canada, Canadian Cancer Registry.





### Age-standardized incidence rates of breast cancer, by income quintile and geography, Canada – 2007



95% confidence intervals are indicated on figure.

Data source: Statistics Canada – Canadian Cancer Registry.



## **East-west gradient**

- There is probably much more work that needs to be done to explain differences
- "Lifestyle" factors

   undoubtedly play a role,
   but an effort to look at
   population attributable
   risk for differences
   would likely uncover
   other modifiable factors



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# Age and Equity In Care



## Stage II or III Rectal Cancer Patients Receiving RT Preceding Resection



BC data include only cases referred to the cancer centres

PE data suppressed due to small numbers

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 Average includes AB, MB, NL, NS, ON Data source: Provincial cancer agencies

### Stage II or III Rectal Cancer Patients Receiving RT Preceding Resection



## **Retrospective Chart Review**

- 5 Provinces participating: AB, SK, MB, NL, PE
- Abstractors: provincial tumor registrars supported by radiation oncologist
- Random sample of ~400 charts reviewed for patients diagnosed in 2008
- Data collected on documented reasons for referral and treatment decisions



# **Treatment/Referral Rationale**



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# **Treatment/Referral Rationale**



# **For future**



 Need to disentangle age, comorbidity, and perceived augmentation of life span in treatment decisions



We need to ask the questions that will address inequities, not merely describe them



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# Thank you!



 Thanks to Rami Rahal, Julie Klein-Geltink and SP team, and to all of the partners in registries, agencies, and other experts and national partners who guide the report and make it possible

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